

# THIS OLD HEART

## 4 WALL – 32 COUNTS ABSOLUTE BEGINNER

Intro: 32 Counts start on Vocals

Steps Actual Footwork

**Section 1 Step R, Together L, Step R Touch, Step L, Together R, Step L, Touch R**

**Note: This section is done with Motown arm movements.**

1 – 2 On slight right diagonal step forward right. Step left next to right.

3 – 4 Step forward on right. Touch left next to right.

5 – 6 On slight left diagonal step forward left. Step right next to left.

7 – 8 Step forward on left. Touch right next to left.

**Section 2 Diagonal Step Back With Touch x 4 (Claps)**

1 – 2 Step back to right diagonal on R foot, touch left next to right & clap

3 – 4 Step back to left diagonal on L foot, touch right next to left & clap

5 – 6 Step back to right diagonal on R foot, touch left next to right & clap

7 – 8 Step back to left diagonal on L foot, touch right next to left & clap

**Section 3 Side Together Forward Hold, Side Together ¼ Turn Left,**

1 – 2 Step R to R side. Close left next to Right.

3 – 4 Step forward Right. Hold.

5 – 6 Step Left to L side. Close right next to Left.

7 – 8 Turn ¼ Left step forward Left. Hold.

**Section 4 Side Together Back Hold, Coaster Step, Brush**

1 – 2 Step R to R side. Close left next to Right.

3 – 4 Step back right. Hold.

5 – 6 Step back left. Step back right next to left.

7 – 8 Step forward left. Brush right.

**Choreographed by:** Elaine Hornagold UK (May 2015) [www.applejaxlinedancers.co.uk](http://www.applejaxlinedancers.co.uk)

**Choreographed to:** This Old Heart of Mine by The Isley Brothers  
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